

Interventions for the Function of Non-Social/Internal Stimulation

1. Provide a schedule or picture schedule that gives child an incentive to do work if he can play with an object or twirl an object. Jelly bracelets or pot holder loops could be given throughout a period to every 5 minutes of preferred sensory input.
2. Medicine given at school if student is on stimulant meds and they are not given in a consistent manner at home.
3. If thumb sucking – give student something to do with his hands instead.
4. Allow movement at seat.
5. A Disc' o' Sit Junior can be put on chair to allow movement without bothering others. (\$20) (www.schoolspecialty.com)
6. A Pilates Ball Chair allows movement while still in a seated position. These cost about \$89.
7. If behavior is of a sexual nature, teach appropriate public behaviors – staff will not show shock or degrade. Attention should be diverted elsewhere. Behavior should be monitored around other children.